Yogathon to Benefit Suicide Awareness

In Honor and In Loving Memory of Bailey Leal

Healing the Heart through Yoga

Saturday, Feb. 3rd, 9-1 pm
Pine Trails Amphitheatre, 10555 Trails End, Parkland 33076

$25 general admission, Students FREE
Advance Online payments: go to eventbrite.com - yoga4b
day of event payment CASH ONLY

Continuous Yoga Practice (bring a mat/towel) with Live Music by Richard Brookens
Pam Leal will lead an all level yoga class with Amy Kenny and MSD Yoga students
Concluding Meditation lead by: Lydia Merl

All ages kids yoga with Allison Koenig
Face Painting by MSD students

Learn about Suicide Prevention through exhibits and informative speeches.

This event is designed to help families open dialogue about tough subjects such as suicide, anxiety and depression.
Proceeds to benefit Henderson Behavioral - Fault Center for Counseling and FISP.
Yoga4B is a 501C nonprofit with a mission: to educate, support and develop problem solving, coping, leadership skills while fostering the prevention of suicide, bullying and substance abuse.

@yoga4bailey #YOGA4B #yogathon